

Rainbow Program

SRVUSD

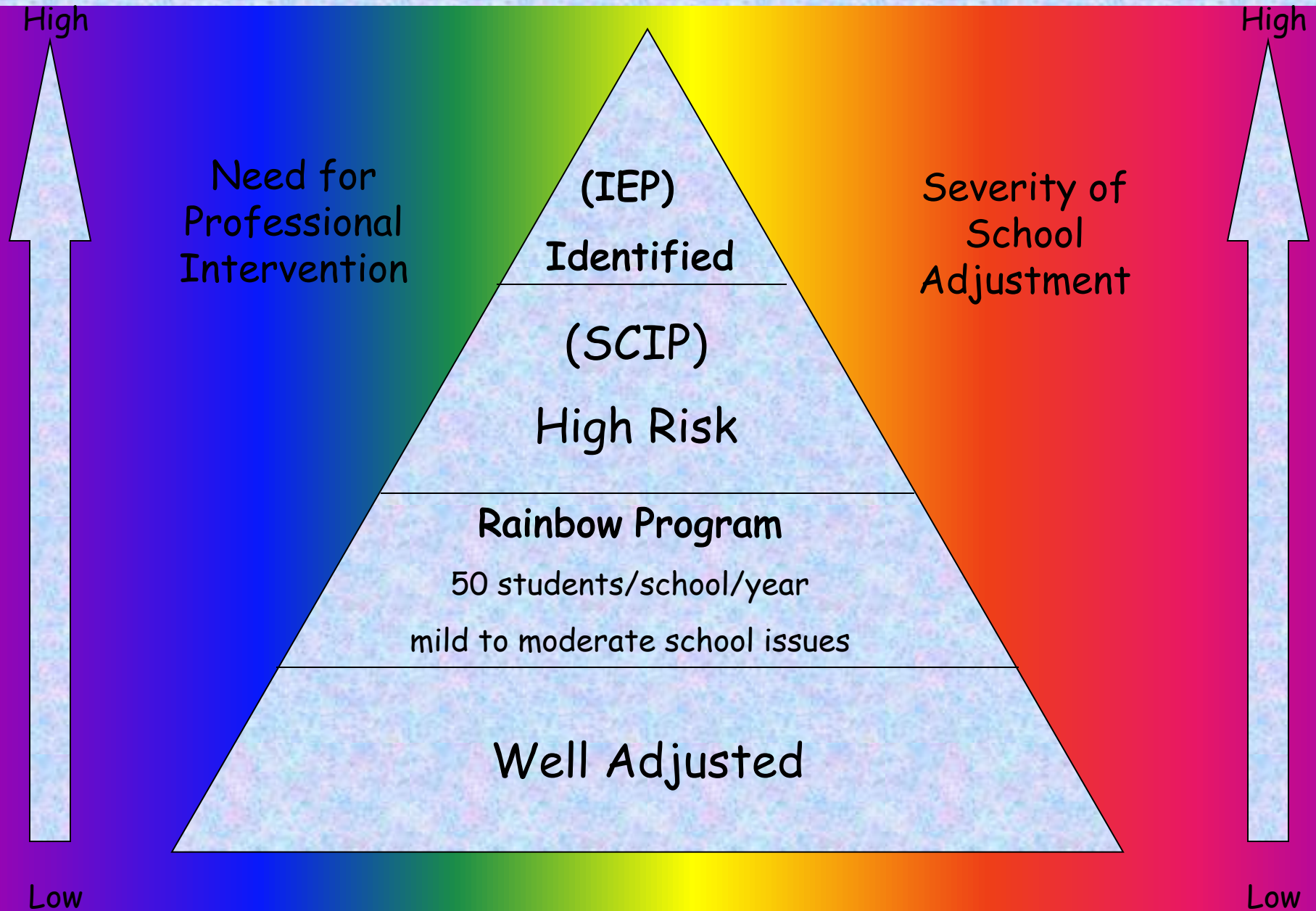
2021-2022

"Celebrating 35 years of Success for
Students"

2016-2017
First school year that
all 22 Elementary Schools
in SRVUSD
had the
Rainbow Program,
since it began at
Bollinger Canyon in 1986.

Originated from statewide grants from
EARLY MENTAL HEALTH INITIATIVE

Which Students Do We Serve?



What Services are Provided?

- Research Based Programs designed for students having school adjustment issues, stress, excessive shyness, playground or friendship issues or are dealing with a recent divorce, death in the family, anxiety, etc.
- Parent/teacher meetings with Rainbow staff when needed
- Building a community through books and classroom/playground interventions

PIP Program (Primary Intervention Program)

- ❑ 1 to 1 sessions for grades TK-5 with trained "special friend" paraprofessional
- ❑ 30 minutes/week in Rainbow Room - nondirective play for 12 weeks
- ❑ Over 35 years of research in SRVUSD and previously statewide, proving its effectiveness

Second Step

- ❑ Social skills groups of 2 or 4 students, meet weekly for 12 weeks
- ❑ 45 minutes per week in Rainbow Room
 - structured social skills lesson then supervised free choice play time to practice the new skills
- ❑ Units on Empathy, Problem Solving, Emotion Management, and Skills for Learning

Friendship & Leadership Groups: Pals & Steps to Respect

- ❑ Small friendship groups of 2 to 4 students that meet weekly for 10 - 16 weeks
- ❑ 45 minutes per week in Rainbow Room
- literature based lessons on friendship, assertiveness, antibullying, and diversity followed by free choice play time to practice their new skills

Get Ready for Middle School

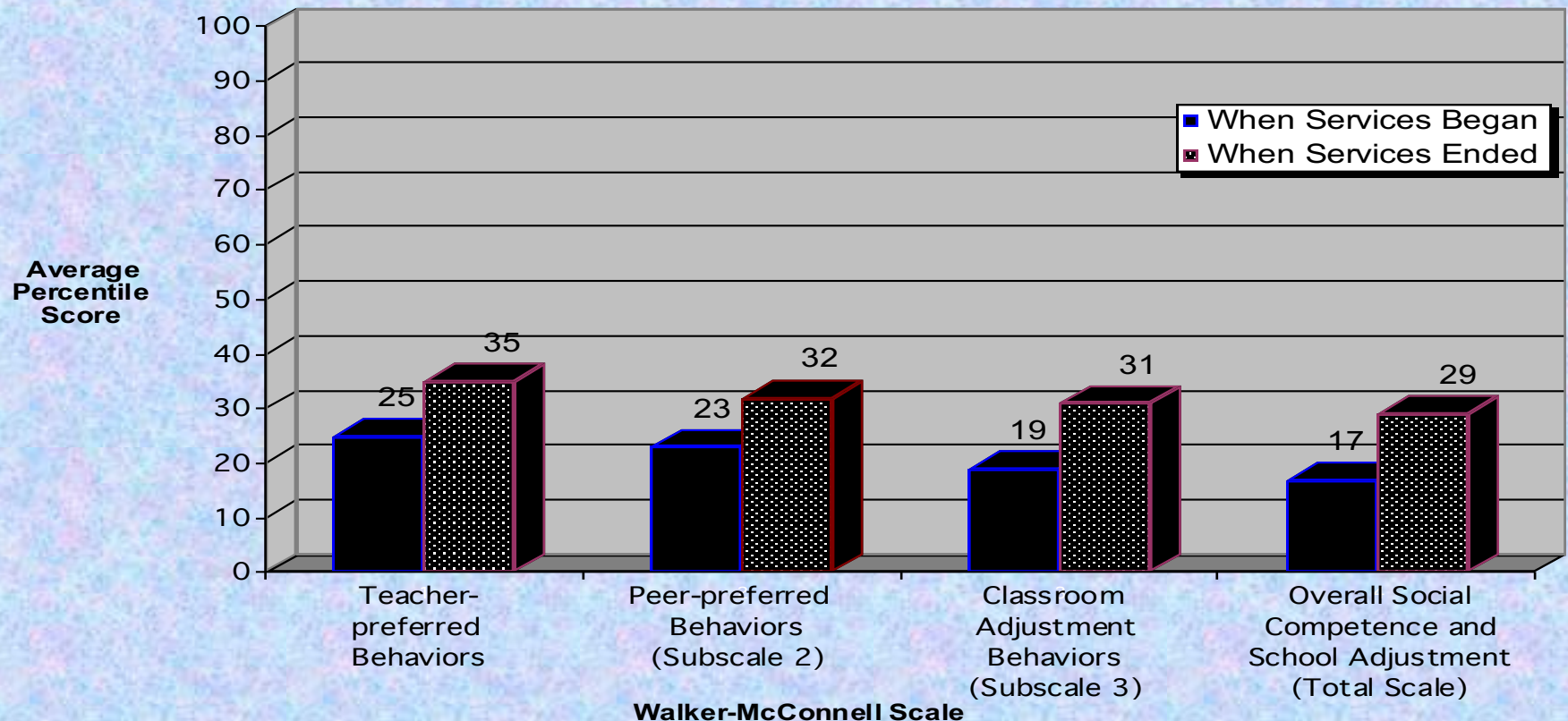
- ❑ Literature based program for 2 to 4 students (or push into classroom) for 2nd semester 5th graders - 10 weeks
- ❑ 30 minute sessions where skills for coping with the challenges of middle school are read and discussed
- ❑ Q & A session follows discussion

Steps to Get a Child in Rainbow

- ✓ Quick Referral Process allows children to start immediately after being referred.
- ✓ Timely response allows for interventions to begin before the problem continues to escalate.

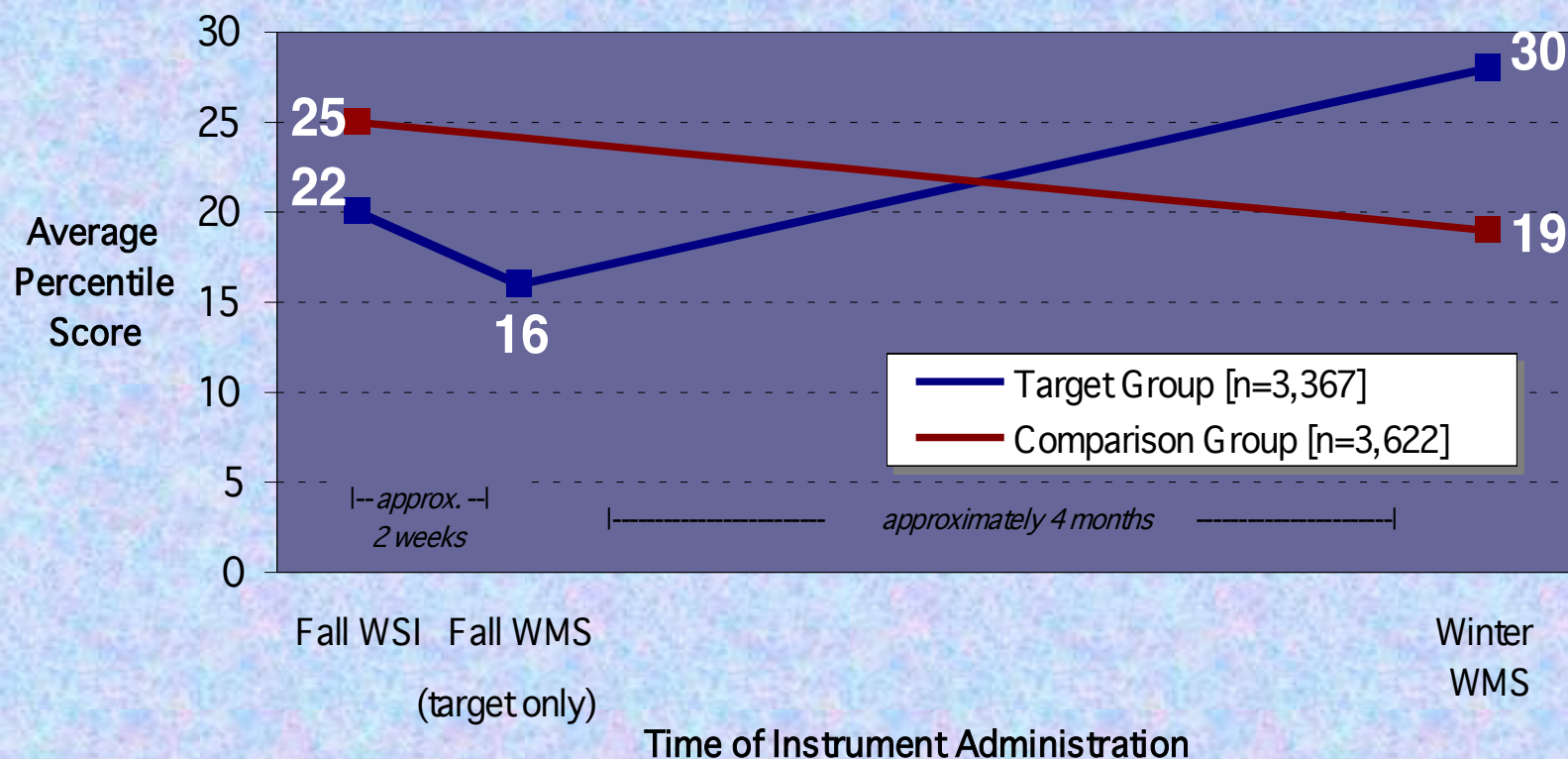
Previous Statewide Results

CHART 8
PRE-POST SCHOOL ADJUSTMENT RATINGS
FOR LOCAL PARTICIPANTS



Statewide EMHI Data

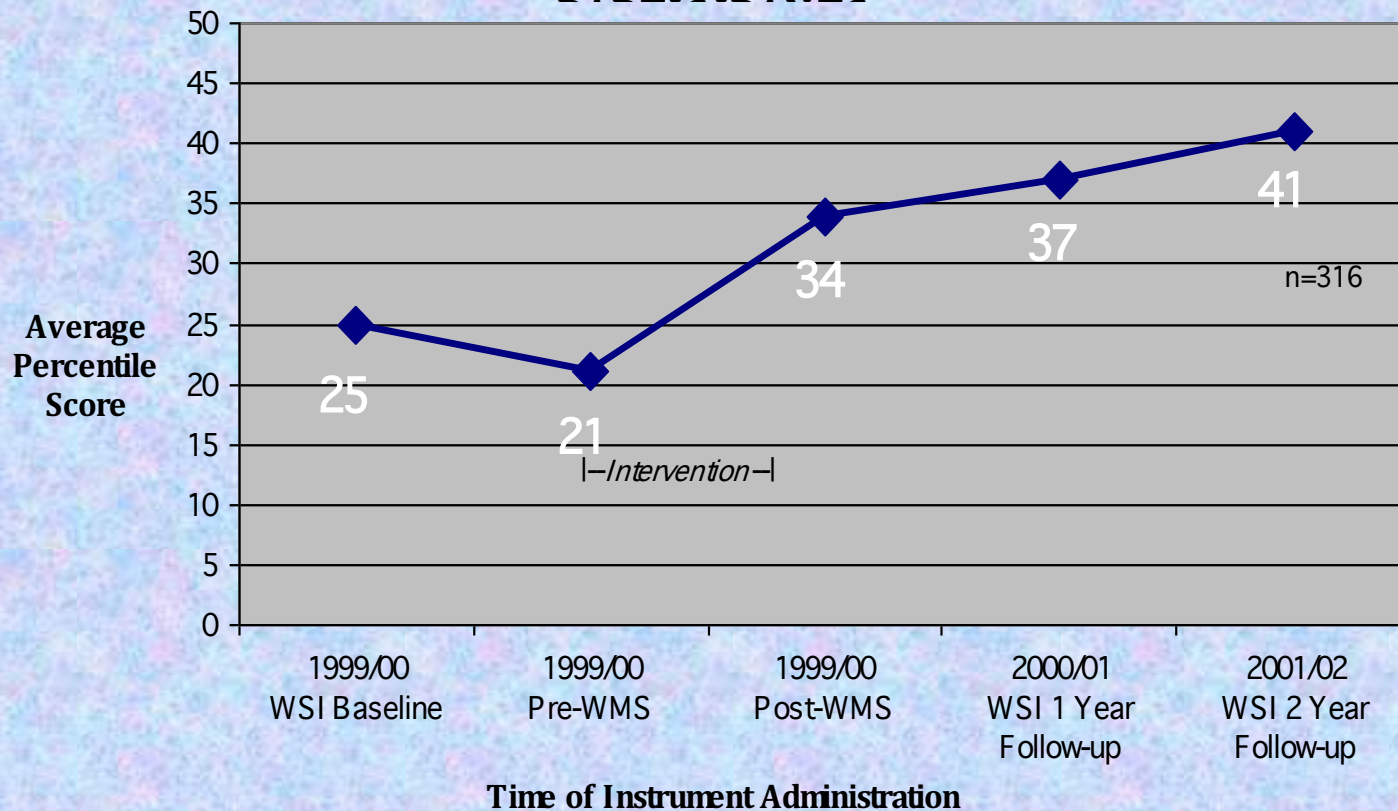
Target Versus Comparison Group Percentile Scores



Previous Statewide Reports

CHART 12

2001/02 STATEWIDE EVALUATION REPORT
TWO-YEAR FOLLOW-UP DATA ON 1999/00 FIRST GRADE



Previous Statewide Results

Statewide Evaluation Findings (through EMHI funding)

1999-2000

- No additional services were recommended for over 80 percent of EMHI participants at program exit.
- About 80 percent of participants showed improvement on the Walker-McConnell Scale each year.

Rainbow Program Benefits

Principals, teachers, and parents report the following improvements:

- Reduced bullying and teasing
- Students become more confident and assertive and are happier coming to school
- More positive overall school climate
- Fewer discipline referrals

Rainbow Program Summary

- ✚ 1986 - EMHI/Rainbow program began in SRVUSD at Bollinger Canyon with PIP
- ✚ 2001 - Second Step groups piloted at Twin Creeks
- ✚ 2009 - Steps to Respect groups, playground interventions and building a community through books added to Rainbow Program
- ✚ 2014 - Pals Friendship groups added at all schools
- ✚ 2020-Get Ready for Middle School program implemented
- ✚ 2020-2021: Over 1,200 students in SRVUSD participated in the Rainbow Program, with hundreds more receiving increased playground supervision and classroom literature based lessons on cultural diversity, friendship & anti-bullying
- ✚ Through the “ripple effect” all students benefit.